



The Meridian Coaching Experience

Coaching is a thought-provoking and creative process that inspires the student to leverage their degree in order to maximize career potential. In partnership with the David Eccles School of Business and the Career Advancement leadership, the role of the Meridian Resources' Coaching Team is to individually partner with students to facilitate the creation and development of personal, professional, and/or business goals and develop and execute a strategic plan for achieving them.

The Meridian Coach's Role

Meridian Resources' coaches maintain the ethics and standards of behavior established by certified professional coaching organizations. Our coaches enter the relationship with understanding that the student is the expert in his or her life and work and believe each individual is creative, resourceful, and whole.

Standing on this foundation, the Meridian coach's role is to help:

- Discover, clarify, and align with what the student wants to achieve
- Encourage student self-discovery
- Elicit student-generated solutions and strategies
- Hold the student responsible and accountable

This process helps students dramatically improve their outlook on work and life while improving their leadership skills and unlocking their potential.

Student's Role

The student is solely responsible for creating and implementing their own physical, mental and emotional well-being, decisions, choices, and actions arising out of, or resulting from, the coaching relationship and their coaching calls and interactions with the Meridian Coach. The student is responsible for any actions or inaction, or for any direct or indirect result of any services provided by the Meridian Coach.

Coaching is a comprehensive process that may involve different areas of the student's life, including work, finances, health, relationships, education, and recreation. It is up to the student to determine how to handle these issues, incorporate coaching principles into those areas, and implement choices. Coaching is not therapy. Should mental issues arise, the student will be directed to appropriate resources.

In order to enhance the coaching relationship, the student agrees to communicate honestly, be open to feedback and assistance, and to create the time and energy to participate fully in the coaching experience.

Cancellation / No-Show Policy - - Please acknowledge your understanding on the intake form

Appointments set by students reserves that time exclusively. Excessive no-shows or cancellations within a 24-hour window notification period may result in a temporary suspension of support according to Eccles' policy.

Confidentiality Policy – Please acknowledge your understanding on the intake form

The Meridian coaching relationship, as well as all information (documented or verbal) that the student shares with the coach as part of this relationship is bound by the principles of confidentiality set forth in the Code of Ethics established by professional coaching organizations. However, please be aware that the coaching relationship is not considered a legally confidential relationship (like the medical and legal professions) and thus communications are not subject to the protection of any legally recognized privilege.

Confidential Information does not include information that: (a) was in the Meridian coach's possession prior to its being furnished by the student; (b) is generally known to the public or in the student's industry; (c) is obtained by the Meridian coach from a third party, without breach of any obligation to the student; (d) is independently developed by the Meridian coach without use of or reference to the student's confidential information; or (e) the Meridian coach is required by statute, lawfully issued subpoena, or by court order to disclose; (f) is disclosed to the Meridian coach and as a result of such disclosure the coach reasonably believes there to be an imminent or likely risk of danger or harm to the student or others; and (g) involves illegal activity. The student also acknowledges his or her continuing obligation to raise any confidentiality questions or concerns with the Meridian coach in a timely manner.

Due to the nature of Meridian Resources' partnership with the Career Advancement team at the David Eccles School of Business, general and limited information regarding progress, demographics, or by need for assistance between the two parties may be shared verbally or electronically by email or in our shared database based on the necessity of providing quality coaching services.

Although we adhere to coaching confidentiality standards, if you disclose information to the Meridian coach or to a member of the Eccles Career Advancement team that you specifically do not wish to be shared for the above purposes, it is the student's responsibility to make it known.

Data Privacy Policy – Please acknowledge your understanding on the intake form

Meridian Resources prioritizes the privacy and security of student information. We do not share any data with third parties (i.e.: organizations outside the University of Utah, David Eccles School of Business) without explicit consent, unless legally required. We have robust measures in place to protect data from unauthorized access, and any data sharing will only occur between Meridian Resources and the University of Utah, David Eccles School of Business, based on restricted user access. We strive to uphold the highest standards of confidentiality and data protection while complying with applicable laws. Our commitment to privacy and data security remains unwavering, ensuring the trust and confidence for the students we partner with.

If you have any concerns or questions about the contents of this document, please discuss it with your Meridian coach.